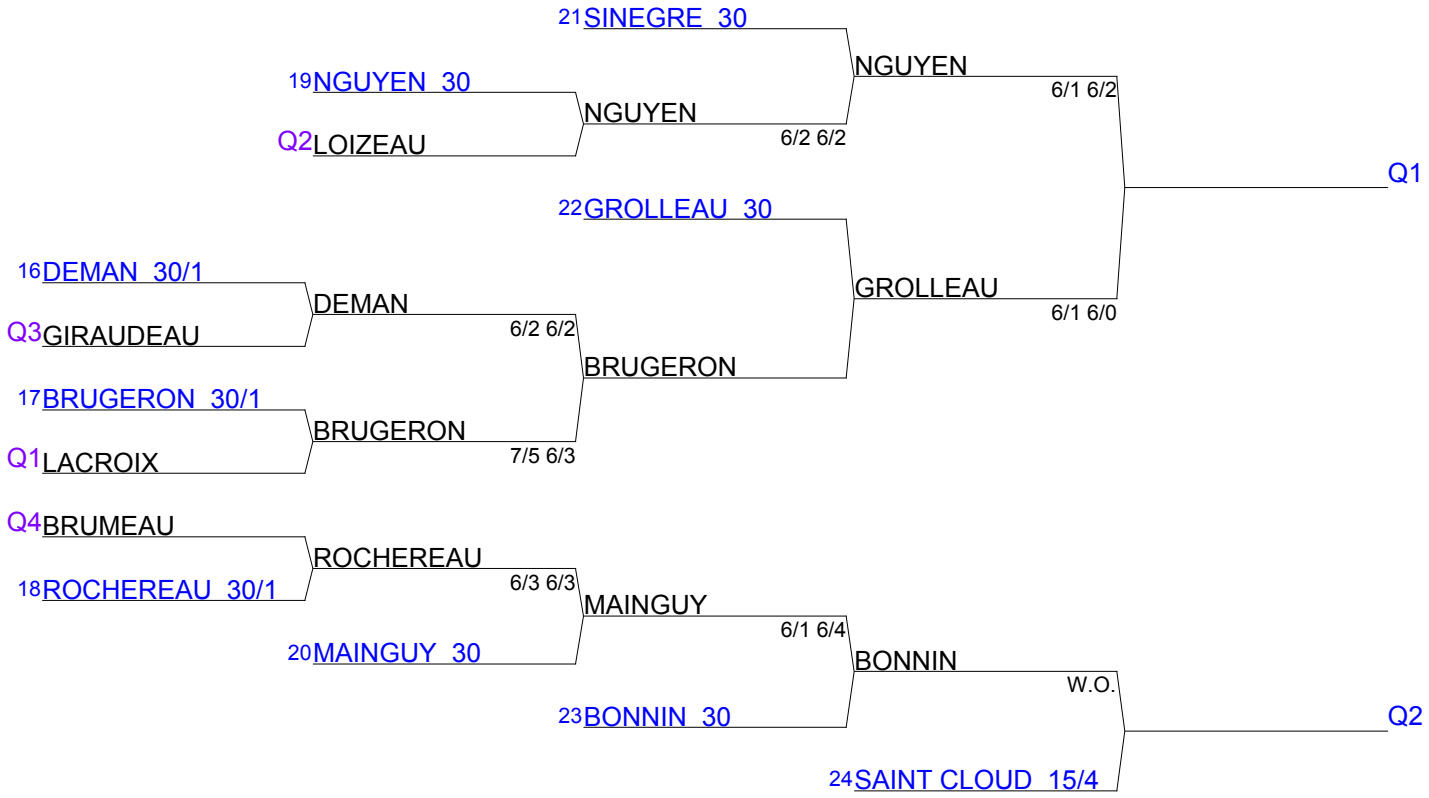Messieurs Senior : 30/1 à 15/4